


YUMMY JANUARY MENU FOR ANDOVER ACADEMY

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
<p>2</p> <p>No Yummy Lunches</p> 	<p>3</p> <p>Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit</p> <p>Cheese Tortellini w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>4</p> <p>Philly Cheesesteak, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Veggie Crumble & Cheese Sandwich, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Philly Steak Sandwich (no cheese), Roasted Seasonal Veggies, Fresh Fruit</p> <p>Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>5</p> <p>Mojito Grilled Chicken, Baja Black Beans, Baked Plantains, Fresh Fruit</p> <p>Mojito Tofu, Baja Black Beans, Baked Plantains, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>6</p> <p>No Yummy Lunches</p>  <p>PIZZA DAY!!</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Ham & Cheese Sandwich, Baked Chips, Fresh Fruit</p> <p>MILD Buffalo Chicken Wrap, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p> <p>Asian Chicken & Quinoa Salad, Fresh Fruit</p> <p>Asian Veggie & Quinoa Salad, Fresh Fruit</p> <p>Grilled Chicken Caesar Salad, Croutons, Fresh Fruit</p> <p>Caesar Salad, Croutons, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Turkey Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>
<p>9</p> <p>Pasta w/Veggie Tomato Sauce, Roasted Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>10</p> <p>Breakfast for Lunch – Sweet Potato Pancakes, Eggs, Fresh Fruit</p> <p>Cheese Manicotti, Roasted Veggies, Garlic Bread, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Veggies, Garlic Bread, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>10</p> <p>Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Grilled Cheese, Roasted Potato Wedges, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>11</p> <p>BBQ Chicken, Baked Beans, Corn Bread, Fresh Fruit</p> <p>BBQ Tofu, Baked Beans, Corn Bread, Fresh Fruit</p> <p>BBQ Chicken Sandwich, Baked Beans, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>12</p> <p>No Yummy Lunches</p>  <p>PIZZA DAY!!</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Italian Sandwich on Ciabatta, Baked Chips, Fresh Fruit</p> <p>Cheese Sandwich on Ciabatta, Baked Chips, Fresh Fruit</p> <p>Turkey Wrap, Baked Chips, Fresh Fruit</p> <p>Turkey & Provolone Wrap, Baked Chips, Fresh Fruit</p> <p>Dried Cranberry & Goat Cheese Salad w/Chicken, Crackers, Fresh Fruit</p> <p>Dried Cranberry & Goat Cheese Salad, Crackers, Fresh Fruit</p> <p>Lean Beef Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Vegetarian Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Greek Salad w/Chicken, Pita Bread, Fresh Fruit</p> <p>Greek Salad, Pita Bread, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Turkey Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>
<p>16</p> <p>NO SCHOOL</p> 	<p>17</p> <p>Cheese Lasagna, Roasted Peas, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Peas, Fresh Fruit</p> <p>Roasted Chicken, Smashed Potatoes, Roasted Peas, Fresh Fruit</p> <p>Roasted Tofu, Smashed Potatoes, Roasted Peas, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>18</p> <p>Arroz con Pollo, Baked Plantains, Fresh Fruit</p> <p>Marinated Chicken, Baked Plantains, Fresh Fruit</p> <p>Marinated Tofu, Baked Plantains, Fresh Fruit</p> <p>Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>19</p> <p>Lean Beef Burger, Baked Tator Tots, Fresh Fruit</p> <p>Veggie Burger, Baked Tator Tots, Fresh Fruit</p> <p>Lean Beef Meatballs w/Tomato Sauce, Baked Tator Tots, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>20</p> <p>No Yummy Lunches</p>  <p>PIZZA DAY!!</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Hummus & Roasted Veggie Sandwich, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Baked Chips, Fresh Fruit</p> <p>Turkey & Swiss Wrap, Baked Chips, Fresh Fruit</p> <p>Turkey Wrap, Baked Chips, Fresh Fruit</p> <p>Cobb Salad, Crackers, Fresh Fruit</p> <p>Meatless Cobb Salad, Crackers, Fresh Fruit</p> <p>Bistro Pasta Salad w/Grilled Chicken, Baked Roll, Fresh Fruit</p> <p>Bistro Pasta Salad w/Cheese, Baked Roll, Fresh Fruit</p> <p>Quinoa Salad w/Corn & Black Beans, Fresh Fruit</p> <p>Kale Buttermilk Caesar Salad w/Grilled Chicken, Crackers, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Turkey Stacker, Veggies & Hummus, Fresh Fruit</p> <p>Cheese Stacker, Veggies & Hummus, Fresh Fruit</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
23 Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh Fruit Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit Other Selection From Cold Options:	24 Lean Beef Tacos, Rice & Beans, Fresh Fruit Veggie Crumble Tacos, Rice & Beans, Fresh Fruit Cheese Tortellini w/Veggie Tomato Sauce, Roasted Veggies, Fresh Fruit Cheese Tortellini w/Olive Oil, Roasted Veggies, Fresh Fruit Other Selection From Cold Options:	25 Honey Soy Chicken w/Lo Mein Noodles, Roasted Broccoli & Peppers, Fresh Fruit Honey Soy Tofu w/Lo Mein Noodles, Roasted Broccoli & Peppers, Fresh Fruit Grilled Cheese, Roasted Sweet Potato Wedges, Fresh Fruit Other Selection From Cold Options:	26 Turkey Meatballs w/Tomato Sauce, Sweet Potato Wedges, Fresh Fruit Turkey Meatball Subs, Sweet Potato Wedges, Fresh Fruit Veggie Crumble Meatballs w/Tomato Sauce, Sweet Potato Wedges, Fresh Fruit Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit Other Selection From Cold Options:	27 No Yummy Lunches  PIZZA DAY!!	Turkey Sandwich, Baked Chips, Fresh Fruit Turkey & Swiss Sub Sandwich, Baked Chips, Fresh Fruit Ham & Swiss Sub Sandwich, Baked Chips, Fresh Fruit Cheese Sandwich, Baked Chips, Fresh Fruit Grilled Chicken Wrap, Baked Chips, Fresh Fruit Southwestern Grilled Chicken Salad, Tortilla Chips, Fresh Fruit Southwestern Salad, Tortilla Chips, Fresh Fruit Salad w/Buffalo Chicken & Buttermilk Dressing, Crackers, Fresh Fruit Salad w/Cheese & Buttermilk Dressing, Crackers, Fresh Fruit Spinach Salad w/Turkey Bacon, Crackers, Fresh Fruit Spring Chicken Salad, Crackers, Fresh Fruit Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit Bagel w/Jelly, Veggies & Hummus, Fresh Fruit Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit Turkey Stacker, Veggies & Hummus, Fresh Fruit Cheese Stacker, Veggies & Hummus, Fresh Fruit
30 Pasta w/Lean Beef & Eggplant Bolognese, Roasted Seasonal Veggies, Fresh Fruit Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit					Turkey Sandwich, Baked Chips, Fresh Fruit Ham & Cheese Sandwich, Baked Chips, Fresh Fruit MILD Buffalo Chicken Wrap, Baked Chips, Fresh Fruit Grilled Chicken Wrap, Baked Chips, Fresh Fruit Asian Chicken & Quinoa Salad, Fresh Fruit Asian Veggie & Quinoa Salad, Fresh Fruit Grilled Chicken Caesar Salad, Croutons, Fresh Fruit Caesar Salad, Croutons, Fresh Fruit Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit Bagel w/Jelly, Veggies & Hummus, Fresh Fruit Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit Turkey Stacker, Veggies & Hummus, Fresh Fruit Cheese Stacker, Veggies & Hummus, Fresh Fruit

PLEASE CIRCLE EACH SELECTION INCLUDING PIZZA ON FRIDAY. LUNCHES MUST BE SELECTED AND PREPAID BY 7:00 A.M. THURSDAY. ONLY ORDERS THAT ARE PREPAID WILL BE ORDERED.

CHILD'S NAME _____

TEACHER'S NAME _____

NUMBER OF LUNCHES ORDERED _____ @ \$4.50= _____