

PLEASE CIRCLE EACH SELECTION INCLUDING PIZZA ON FRIDAY. LUNCHESES MUST BE SELECTED AND PREPAID BY WEDNESDAY 6:15 P.M. ONLY LUNCHESES THAT ARE PREPAID WILL BE ORDERED.

CHILD'S NAME _____


CHILD'S TEACHER _____

NUMBER OF LUNCHESES ORDERED _____ @ \$4.50 = _____

A YUMMY MAY MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
<p>1</p> <p>Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Lean Beef Bolognese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>2</p> <p>Baked Fish Cakes, Cauliflower Crunch, Fresh Fruit</p> <p>Cheese Tortellini w/Tomato Sauce, Cauliflower Crunch, Fresh Fruit</p> <p>Cheese Tortellini w/Olive Oil, Cauliflower Crunch, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>3</p> <p>"Make Your Own Yummy..." Chicken Fajitas, Black Beans, Fresh Fruit</p> <p>"Make Your Own Yummy..." Tofu Fajitas, Black Beans, Fresh Fruit</p> <p>Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>4</p> <p>Roasted Herbed Sliced Turkey, Roasted Sweet Potato Fries, Roll, Fresh Fruit</p> <p>Roasted Tofu, Roasted Sweet Potato Fries, Roll, Fresh Fruit</p> <p>Turkey Po' Boy Sandwich, Sweet Potato Fries, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>5</p> <p>Chicken Gyro, Sauteed Peppers, Onions & Tomatoes, Fresh Fruit</p> <p>Tofu Fajitas, Sauteed Peppers, Onions & Tomatoes, Fresh Fruit</p> <p>Grilled Cheese, Sauteed Peppers, Onions & Tomatoes, Fresh Fruit</p> <p>Cheese Pizza, Veggies & Low Fat Dip, Fresh Fruit</p> <p>Cheese Pizza, Veggie Chips, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>Turkey Sandwich, Pretzels, Fresh Fruit</p> <p>Italian Sandwich on Ciabatta, Pretzels, Fresh Fruit</p> <p>Cheese Sandwich on Ciabatta, Pretzels, Fresh Fruit</p> <p>Sun Butter & Grape Jelly Sandwich, Baked Chips, Fresh Fruit</p> <p>Turkey Wrap, Pretzels, Fresh Fruit</p> <p>Turkey & Provolone Wrap, Pretzels, Fresh Fruit</p> <p>Lean Beef Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Vegetarian Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Greek Salad w/Grilled Chicken, Pita Bread, Fresh Fruit</p> <p>Greek Salad, Pita Bread, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>
<p>8</p> <p>Low Fat Chicken Alfredo w/Penne, Roasted Zucchini, Fresh Fruit</p> <p>Low Fat Penne Alfredo, Roasted Zucchini, Fresh Fruit</p> <p>Penne w/Olive Oil, Roasted Zucchini, Fresh Fruit</p> <p>Baked Chicken Nuggets, Roasted Zucchini, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Zucchini, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>9</p> <p>Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Pasta w/Tomato Sauce, Roasted Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>10</p> <p>Chicken w/Sauteed Mushroom Sauce, Roll, Roasted Veggies, Fresh Fruit</p> <p>Tofu (no sauce), Roll, Roasted Veggies, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Baked Chips, Fresh Fruit</p> <p>Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>11</p> <p>Lean Beef Burger, Roasted Sweet Peas, Fresh Fruit</p> <p>Veggie Crumble Meatballs w/Tomato Sauce, Roasted Sweet Peas, Roll, Fresh Fruit</p> <p>Lean Beef Meatballs w/Tomato Sauce, Roasted Sweet Peas, Roll, Fresh Fruit</p> <p>Mac & Cheese, Roasted Sweet Peas, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>12</p> <p>Sesame Chicken, Roasted Carrots w/Sesame Ponzu Vinaigrette, Brown Rice, Fresh Fruit</p> <p>Sesame Tofu, Roasted Carrots w/Sesame Ponzu Vinaigrette, Brown Rice, Fresh Fruit</p> <p>Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Cheese Pizza, Veggies & Low Fat Dip, Fresh Fruit</p> <p>Cheese Pizza, Veggie Chips, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Hummus & Roasted Veggie Sandwich,, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken & Swiss Sandwich, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Baked Chips, Fresh Fruit</p> <p>Turkey & Swiss Wrap, Baked Chips, Fresh Fruit</p> <p>Turkey Wrap, Baked Chips, Fresh Fruit</p> <p>Sun Butter & Grape Jelly, Baked Chips, Fresh Fruit</p> <p>Cobb Salad, Crackers, Fresh Fruit</p> <p>Meatless Cobb Salad, Crackers, Fruit</p> <p>Quinoa Salad w/Corn & Black Beans, Fresh Fruit</p> <p>Bistro Pasta Salad w/Chicken, Fresh Baked Roll, Fresh Fruit</p> <p>Bistro Pasta Salad, Fresh Baked Roll, Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fruit</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
<p>15 Pasta w/Turkey Bolognese Sauce, Roasted Veggies, Fresh Fruit</p> <p>Penne w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>16 Cheese Lasagna, Roasted Edamame, Garlic Bread, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Edamame, Garlic Bread, Fresh Fruit</p> <p>Breakfast for Lunch- Waffles, Eggs, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>17 Lean Beef Sloppy Joe's, Roasted Sweet Potato Wedges, Fresh Fruit</p> <p>Veggie Crumble Sandwich, Roasted Sweet Potato Wedges, Fresh Fruit</p> <p>Arroz con Pollo, Baked Plantains, Fresh Fruit</p> <p>Grilled Cheese, Roasted Sweet Potato Wedges, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>18 Garlic Chicken w/Caramelized Onions, Roasted Seasonal Veggies, Roll, Fresh Fruit</p> <p>Garlic Tofu w/Caramelized Onions, Roasted Seasonal Veggies, Roll, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Mac & Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>19 Cuban Sandwich, Roasted Potatoes, Fresh Fruit</p> <p>Grilled Cheese, Sauteed Broccoli & Garlic, Fresh Fruit</p> <p>Cheese Pizza, Veggies & Low Fat Dip, Fresh Fruit</p> <p>Cheese Pizza, Veggie Chips, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Turkey & Swiss Sub, Baked Chips, Fruit</p> <p>Ham & Swiss Sub Sandwich, Baked Chips, Fresh Fruit</p> <p>Cheese Sandwich, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken Wrap, Baked Chips, Fruit</p> <p>Sun Butter & Grape Jelly, Baked Chips, Fresh Fruit</p> <p>Southwestern Grilled Chicken Salad, Tortilla Chips, Fresh Fruit</p> <p>Southwestern Salad, Tortilla Chips, Fruit</p> <p>Salad w/ Buffalo Chicken & Buttermilk Dressing, Crackers, Fresh Fruit</p> <p>Spinach Salad w/Turkey Bacon, Crackers, Fresh Fruit</p> <p>Nicoise Salad, Fresh Fruit</p> <p>Summer Club Salad, Crackers, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fruit</p>
<p>22 Pasta w/Low Fat Creamy Garlic Sauce, Roasted Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>23 Turkey & Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit</p> <p>Cheese Burrito, Black Beans, Roasted Veggies, Fresh Fruit</p> <p>Cheese Tortellini w/Tomato Sauce, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>24 Ropa Vieja, Baked Plantains, Brown Rice, Fresh Fruit</p> <p>Tofu, Baked Plantains, Brown Rice, Fresh Fruit</p> <p>Grilled Cheese, Baked Tater Tots, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>25 Lean Beef Burger, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Lean Beef Meatballs w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Veggie Burger, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Mac & Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>26 Grilled Chicken Sandwich, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Grilled Chicken & Swiss Sandwich, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Cheese Pizza, Veggies & Low Fat Dip, Fresh Fruit</p> <p>Cheese Pizza, Veggie Chips, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>Turkey Sandwich, Baked Chips, Fresh Fruit</p> <p>Sun Butter & Grape Jelly, Baked Chips, Fresh Fruit</p> <p>Corned Beef Sandwich on Rye, Baked Chips, Fresh Fruit</p> <p>Ham & Cheese Sandwich, Baked Chips, Fresh Fruit</p> <p>MILD Buffalo Chicken Wrap, Baked Chips, Fresh Fruit</p> <p>Grilled Chicken Wrap, Baked Chips, Fresh Fruit</p> <p>Asian Chicken & Quinoa Salad, Fresh Fruit</p> <p>Asian Quinoa Salad, Fresh Fruit</p> <p>Farmer's Market Salad, Crackers, Fresh Fruit</p> <p>Farmer's Market Salad w/Chicken, Crackers, Fresh Fruit</p> <p>Grilled Chicken Caesar Salad, Fresh Fruit</p> <p>Caesar Salad, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
<p>29</p> <p>NO YUMMY LUNCHESES TODAY</p> 	<p>30</p> <p>Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p> <hr/> <hr/> <hr/>	<p>31</p> <p>Chicken Paella, Black Beans, Baked Plantains, Fresh Fruit</p> <p>Marinated Sliced Chicken, Black Beans, Baked Plantains, Fresh Fruit</p> <p>Marinated Tofu, Black Beans, Baked Plantains, Fresh Fruit</p> <p>Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p> <hr/> <hr/> <hr/>			<p>Turkey Sandwich, Pretzels, Fresh Fruit</p> <p>Italian Sandwich on Ciabatta, Pretzels, Fresh Fruit</p> <p>Cheese Sandwich on Ciabatta, Pretzels, Fresh Fruit</p> <p>Turkey Wrap, Pretzels, Fresh Fruit</p> <p>Turkey & Provolone Wrap, Pretzels, Fresh Fruit</p> <p>Sun Butter & Grape Jelly Sandwich, Baked Chips, Fresh Fruit</p> <p>Blueberries & Strawberries Salad w/Goat Cheese, Sunflower Seeds & Chicken, Fresh Fruit</p> <p>Blueberries & Strawberries Salad w/Goat Cheese & Sunflower Seeds, Fresh Fruit</p> <p>Lean Beef Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Vegetarian Taco Salad w/Chunky Tomato Dressing, Tortilla Chips, Fresh Fruit</p> <p>Greek Salad w/Grilled Chicken, Pita Bread, Fresh Fruit</p> <p>Greek Salad, Pita Bread, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>