


MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	COLD OPTIONS FOR THE WEEK
		1. “Make Your Own Yummy...” Chicken Fajitas, Black Beans, Fresh Fruit “Make Your Own Yummy...” Tofu Fajitas, Black Beans, Fresh Fruit Grilled Cheese, Baked Tator Tots, Fresh Fruit	2. Roasted Herbed Sliced Turkey, Sweet Potato Fries, Baked Roll, Fresh Fruit Roasted Herbed Tofu, Sweet Potato Fries, Baked Roll, Fresh Fruit Turkey Po’ Boy Sandwich, Sweet Potato Fries, Fresh Fruit Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit	CHEESE PIZZA NO OTHER OPTIONS ARE AVAILABLE ON FRIDAY CIRCLE IF ORDERING	-Turkey Sandwich, Baked Chips, Fresh Fruit -Ham & Cheese Sandwich, Baked Chips, Fresh Fruit -Grilled Chicken Wrap, Baked Chips, Fresh Fruit -Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit -Bagel w/Jelly, Veggies & Hummus, Fresh Fruit -Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit
6. Low Fat Chicken Alfredo over Penne, Roasted Zucchini, Fresh Fruit Low Fat Penne Alfredo, Roasted Zucchini, Fresh Fruit Penne w/Olive Oil, Roasted Zucchini, Fresh Fruit Baked Chicken Nuggets, Roasted Zucchini, Fresh Fruit Baked Tofu Nuggets, Roasted Zucchini, Fresh Fruit	7. Turkey & Cheese Enchiladas, Rice & Beans, Fresh Fruit Cheese Enchiladas, Rice & Beans, Fresh Fruit Pasta w/Veggie Tomato Sauce, Steamed Edamame, Fresh Fruit Pasta w/Olive Oil, Steamed Edamame, Fresh Fruit	8. Chicken w/Sautéed Mushroom Sauce, Roasted Veggies, Baked Roll, Fresh Fruit Tofu (no sauce), Roasted Veggies, Baked Roll, Fresh Fruit Grilled Chicken Sandwich, Roasted Veggies, Fresh Fruit Grilled Cheese, Roasted Veggies, Fresh Fruit	9. Lean Beef Burger, Roasted Sweet Peas, Fresh Fruit Lean Beef Meatballs w/Tomato Sauce, Roasted Sweet Peas, Fresh Fruit Veggie Crumble Meatballs w/Tomato Sauce, Roasted Sweet Peas, Fresh Fruit Mac & Cheese, Roasted Sweet Peas, Fresh Fruit	CHEESE PIZZA NO OTHER OPTIONS ARE AVAILABLE ON FRIDAY CIRCLE IF ORDERING	Turkey Sandwich, Baked Chips, Fresh Fruit Italian Sandwich on Ciabatta, Baked Chips, Fresh Fruit Turkey & Provolone Wrap, Baked Chips, Fresh Fruit Lean Beef Taco Salad, Tortilla Chips, Fresh Fruit Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit Bagel w/Jelly, Veggies & Hummus, Fresh Fruit Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit

PLEASE CIRCLE EACH SELECTION INCLUDING PIZZA ON FRIDAY. LUNCHESES MUST BE SELECTED AND PREPAID BY 7:00 A.M. THURSDAY. ONLY ORDERS THAT ARE PREPAID WILL BE ORDERED.

CHILD’S NAME _____

TEACHER’S NAME _____

NUMBER OF LUNCHESES ORDERED _____ **@\$4.50=**

13. Penne w/Turkey Bolognese Sauce, Roasted Veggies, Fresh Fruit Penne w/Olive Oil, Roasted Veggies, Fresh Fruit Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit Baked Tofu Nuggets, Roasted Veggies, Fresh Fruit	14. Cheese Lasagna, Steamed Edamame, Garlic Bread, Fresh Fruit Pasta w/Olive Oil, Steamed Edamame, Garlic Bread, Fresh Fruit Breakfast for Lunch – Waffles, Eggs, Fresh Fruit	15. Lean Beef Sloppy Joe’s, Roasted Sweet Potato Wedges, Fresh Fruit Veggie Crumble Sloppy Joe’s, Roasted Sweet Potato Wedges, Fresh Fruit Arroz con Pollo, Baked Plantains, Fresh Fruit Grilled Cheese, Roasted Sweet Potato Wedges, Fresh Fruit	16. Garlic Chicken w/Caramelized Onions, Sweet Potatoes, Baked Roll, Fresh Fruit Garlic Tofu w/Caramelized Onions, Sweet Potatoes, Baked Roll, Fresh Fruit Grilled Chicken Sandwich, Parmesan Roasted Broccoli, Fresh Fruit Mac & Cheese, Parmesan Roasted Broccoli, Fresh Fruit	CHEESE PIZZA NO OTHER OPTIONS ARE AVAILABLE ON FRIDAY CIRCLE IF ORDERING	Turkey Sandwich, Baked Chips, Fresh Fruit Hummus & Roasted Veggie Sandwich, Baked Chips, Fresh Fruit Grilled Chicken Sandwich, Baked Chips, Fresh Fruit Turkey Wrap, Baked Chips, Fresh Fruit Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit Bagel w/Jelly, Veggies & Hummus, Fresh Fruit Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit
20. NO SCHOOL Happy President's Day 	21. Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit Baked Tofu Nuggets, Roasted Seasonal Veggies, Fresh Fruit Cheese Tortellini w/Veggie Tomato Sauce, Roasted Veggies, Fresh Fruit Cheese Tortellini w/Olive Oil, Roasted Veggies, Fresh Fruit	22. Ropa Vieja, Baked Plantains, Brown Rice, Fresh Fruit Tofu, Baked Plantains, Brown Rice, Fresh Fruit Grilled Cheese, Baked Tator Tots, Fresh Fruit	23. Roasted Herbed Sliced Turkey, Sweet Potato Fries, Baked Roll, Fresh Fruit Roasted Tofu, Sweet Potato Fries, Baked Roll, Fresh Fruit Roasted Turkey Sandwich, Sweet Potato Fries, Fresh Fruit Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit	CHEESE PIZZA NO OTHER OPTIONS ARE AVAILABLE ON FRIDAY CIRCLE IF ORDERING	Turkey Sandwich, Baked Chips, Fresh Fruit Ham & Swiss Sub Sandwich, Baked Chips, Fresh Fruit Grilled Chicken Wrap, Baked Chips, Fresh Fruit Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit Bagel w/Jelly, Veggies & Hummus, Fresh Fruit Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit

27. Pasta w/Tomato Sauce, Roasted Veggies, Fresh Fruit	28. Baked Fish Sticks, Roasted Seasonal Veggies, Fresh Fruit				-Turkey Sandwich, Baked Chips, Fresh Fruit
Pasta w/Olive Oil, Roasted Veggies, Fresh Fruit	Rigatoni w/Lean Beef & Eggplant Bolognese, Roasted Veggies, Fresh Fruit				-Ham & Cheese Sandwich, Baked Chips, Fresh Fruit
Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit	Rigatoni w/Olive Oil, Roasted Veggies, Fresh Fruit				-MILD Buffalo Chicken Wrap, Baked Chips, Fresh Fruit
Baked Tofu Nuggets, Roasted Veggies, Fresh Fruit	*Other Selection From Cold Options:				-Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit
*Other Selection From Cold Options:					-Bagel w/Jelly, Veggies & Hummus, Fresh Fruit
					-Turkey & Cheese Stacker, Veggies & Hummus, Fresh Fruit
					-Turkey Stacker, Veggies & Hummus, Fresh Fruit
					-Cheese Stacker, Veggies & Hummus, Fresh Fruit