

Please circle each selection including pizza on Friday. Lunches must be selected and prepaid by Wednesday 6:15 p.m. Only lunches that are prepaid will be ordered and changes to the menu such as adding meals ask for original menu including Pizza only.


Child's Name _____

Child's Teacher _____

Number of lunches ordered _____ X \$4.50= _____

A YUMMY AUGUST 2019 MENU ANDOVER

<p>5 Pasta w/Turkey Bolognese Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>6 Breakfast for Lunch--Sweet Potato Pancakes, Eggs, Fresh Fruit</p> <p>Baked Ziti, Roasted Seasonal Veggies, Garlic Bread, Fresh Fruit</p> <p>Pasta w/Olive Oil, Garlic Bread, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>7 Lean Ground Beef & Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Cheese Enchiladas, Rice & Beans, Fresh Fruit</p> <p>Lean Beef Sloppy Joe's, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Grilled Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>8 BBQ Chicken, Baked Beans, Corn Bread, Fresh Fruit</p> <p>BBQ Chicken Sandwich, Baked Beans, Corn Bread, Fresh Fruit</p> <p>BBQ Tofu, Baked Beans, Corn Bread, Fresh Fruit</p> <p>Mac & Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>CHEESE PIZZA ONLY</p> <p>CIRCLE IF ORDERING</p> 	<p>Turkey Sandwich, Veggie Chips, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Veggie Chips, Fresh Fruit</p> <p>Turkey & Swiss Wrap, Veggie Chips, Fresh Fruit</p> <p>Turkey Wrap, Veggie Chips, Fresh Fruit</p> <p>Tuna Salad Sandwich, Veggie Chips, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fruit</p>
<p>12 Baked Chicken Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Baked Quorn Nuggets, Roasted Veggies, Fresh Fruit</p> <p>Rigatoni Genovese w/Chicken, Roasted Veggies, Fresh Fruit</p> <p>Rigatoni w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>13 Picadillo, Baked Plantains, Roasted Veggies, Fresh Fruit</p> <p>Vegetarian Picadillo, Baked Plantains, Roasted Veggies, Fresh Fruit</p> <p>Cheese Tortellini w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cheese Tortellini w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>14 Chicken Teriyaki Bowl (Chicken over Fried Rice), Steamed Veggies, Fresh Fruit</p> <p>Chick'n (Gardein) Teriyaki Bowl, Steamed Veggies, Fresh Fruit</p> <p>Teriyaki Chicken Sandwich, Steamed Veggies, Fresh Fruit</p> <p>Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>15 Lean Beef Burgers, Roasted Veggies, Fresh Fruit</p> <p>Lean Beef Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh Fruit</p> <p>Veggie Crumble Meatballs w/Tomato Sauce, Roll, Roasted Veggies, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>CHEESE PIZZA ONLY</p> <p>CIRCLE IF ORDERING</p> 	<p>Turkey Sandwich, Veggie Chips, Fresh Fruit</p> <p>Turkey & Swiss Sub, Veggie Chips, Fruit</p> <p>Cheese Sandwich, Veggie Chips, Fresh Fruit</p> <p>Grilled Chicken Wrap, Veggie Chips, Fruit</p> <p>Sun Butter & Grape Jelly, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fruit</p>
<p>19 Pasta w/Low Fat Alfredo Sauce w/Chicken, Roasted Veggies, Fresh Fruit</p> <p>Pasta w/Low Fat Alfredo Sauce, Roasted Veggies, Fresh Fruit</p> <p>Fusilli w/Olive Oil, Roasted Veggies, Fresh Fruit</p> <p>Baked Chicken Nuggets, Glazed Carrots, Fresh Fruit</p> <p>Baked Quorn Nuggets, Glazed Carrots, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>20 Lean Beef Tacos, Rice & Beans, Fresh Fruit</p> <p>Veggie Crumble Tacos, Rice & Beans, Fresh Fruit</p> <p>Pasta w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>21 Lemon Pepper Chicken w/Lo Mein Noodles, Steamed Veggies, Fresh Fruit</p> <p>Lemon Pepper Tofu w/Lo Mein Noodles, Steamed Veggies, Fresh Fruit</p> <p>Grilled Chicken Sandwich, Roasted Potatoes, Fresh Fruit</p> <p>Buffalo Chicken & Blue Cheese Sandwich, Roasted Potatoes, Fresh Fruit</p> <p>Grilled Cheese, Roasted Potatoes, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>22 Turkey Meatball Sub, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Turkey Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Veggie Crumble Meatballs w/Tomato Sauce, Roll, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Mac & Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options: _____</p>	<p>CHEESE PIZZA ONLY</p> <p>CIRCLE IF ORDERING</p> 	<p>Turkey Sandwich, Veggie Chips, Fresh Fruit</p> <p>Ham & Cheese Sandwich, Veggie Chips, Fresh Fruit</p> <p>Caesar Salad, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fruit</p>

<p>26 Baked Chicken Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Baked Quorn Nuggets, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Sirloin & Mushroom Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Pasta w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>27 Maple Mustard Glazed Sliced Turkey, Roasted Sweet Potato Fries, Roll, Fresh Fruit</p> <p>Maple Mustard Glazed Turkey Po' Boy Sandwich, Roasted Sweet Potato Fries, Fresh Fruit</p> <p>Maple Mustard Glazed Tofu, Roasted Sweet Potato Fries, Fresh Fruit</p> <p>Cheese Ravioli w/Tomato Sauce, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Cheese Ravioli w/Olive Oil, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>28 "Make Your Own Yummy..." Chicken Fajitas, Brown Rice, Black Beans, Fresh Fruit</p> <p>"Make Your Own Yummy..." Tofu Fajitas, Brown Rice, Black Beans, Fresh Fruit</p> <p>Grilled Cheese, Roasted Seasonal Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>29 Baked Fish Sticks w/Slaw (on the side), Roasted Potato Wedges, Fresh Fruit</p> <p>Breaded & Baked Fish Sandwich w/Slaw (on the side), Roasted Potatoes, Fresh Fruit</p> <p>Mac & Cheese, Roasted Veggies, Fresh Fruit</p> <p>Other Selection From Cold Options:</p>	<p>30</p> <p>CHEESE PIZZA ONLY</p> <p>CIRCLE IF ORDERING</p> 	<p>Turkey Sandwich, Veggie Chips, Fresh Fruit</p> <p>Italian Sandwich on Ciabatta, Veggie Chips, Fresh Fruit</p> <p>Cheese Sandwich on Ciabatta, Veggie Chips, Fresh Fruit</p> <p>Bagel w/Cream Cheese, Veggies & Hummus, Fresh Fruit</p> <p>Bagel w/Jelly, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey & Cheese Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Turkey Stackers, Veggies & Hummus, Fresh Fruit</p> <p>MYO Cheese Stackers, Veggies & Hummus, Fresh Fruit</p>
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