



# January 2020



Andover Academy, Making Learning Fun.

## Happy New Year

Welcome back to school and a Happy New Year. We hope that you all had an enjoyable and peaceful holiday. Thank you for the donated toys. It is important that our children learn to share with the less fortunate.

## Parent-Teacher Conferences:

Your child's teacher is looking forward to meeting with you so she can share your child's growth and development since the start of the school year. Sign up sheets will be posted this month on each 2-5 year old classroom door with the dates and times. Please remember that conferences should take no longer than 15 minutes and as a courtesy to others please let us know in advance if you can **NOT** make it for the time you signed up!

## Newsletter

Please remember to access the newsletters and weekly classroom letters on our website. You were given a password in your introduction letter. Please check with the front office if you have misplaced it.

## Immunization

Any child with expired medical forms will not be able to attend school. New state laws require that you have the appointment before or on the date the form expires. You will get a notice to let you know that your forms will expire soon to give you enough time to make your appointment.

## Important:

Please, please, please hold your child's hands prior to exiting the school. Unfortunately, we have parents who still **DO NOT** drive at an appropriate speed. We are also now asking the parents to **PLEASE end all cell phone conversations** prior to entering the school. Thank you for your attention in this matter.

## Tuition:

Please help us by writing your child's full name on you check, if it differs from the name imprinted on the check. Thank you for your cooperation..

## Class Pictures

The children will be taking class pictures on Wednesday, February 12th.

## Holiday Closing Dates

January 1st

January 2nd, 3rd, & 6th No school for VPK

January 20th Martin Luther King Day

**Mission Statement:** Andover Academy strives to provide a quality education in a safe, nurturing environment where each child may grow at his or her own pace. Our staff is committed to children and encourages a love of learning. Open communication and parent participation are essential to our program.

**A Big Thanks!** : To all the many families who continue to donate toys, books, furniture,

Andover Academy  
8501 Cleary Blvd.  
Plantation, FL 33324  
954 577-9701  
954 472-6659 (F)  
[www.andoveracademy.net](http://www.andoveracademy.net)

☺ **Extracurricular Activities**

☺ **Soccer**

☺ **Gymnastics**

☺ **Techie Kids**

☺ **Music**

If you would like pricing and more information please see Ms. Coleen in the front office.



## Get Things Done

Everyday activities, such as grocery shopping and cooking dinner, can be fun for the whole family. Playing simple games like "I Spy," telling stories or singing songs, and having your child help in age-appropriate ways are just a few ways to incorporate play into your daily routine.

### Here are a few ideas for how to make everyday tasks fun:

While driving, tell a story together by alternating sentence by sentence. Start the story with any sentence and have your child say the next sentence. Continue until one of you decides on the story's ending.

After washing the dishes, ask your child to try to match the lids and bases of plastic containers and stack them neatly on a low shelf.

While waiting in line, practice standing on one leg; your children will love being silly in public, and it will also help build their balance!

At a restaurant, use a menu to do an A-B-C search: Start with the letter A and work your way through the alphabet.

## Get Active

Preschoolers have a great deal of energy and enjoy using their bodies. Physical activities have many benefits for your child, including increased bone density, decreased risk of Type II diabetes, and increased self-esteem. Getting enough physical activity also helps children behave better during the day and sleep more soundly at night.

### Here are a few fun physical activities to do with a preschooler:

Put on their favorite music and play "freeze dance" with siblings or friends.

When you stop the music, all dancers freeze in their places

Play catch with a small, soft ball.

Walk around your neighborhood or a local park. Make your stroll more interactive by alternating between walking fast, jumping, or skipping over cracks in the sidewalk.

Take your child outside to puddle-jump after a storm.

Invite friends over for a mini-Olympics with activities such as jumping jacks and sprints.

## Get Imaginative

Preschoolers are at a great age for imaginative play. They can try new things and learn about the world around them. According to psychologists by using their imaginations, children create a world in which they are strong and in charge, something they don't often feel. Different children prefer different types of imaginative play, so be open and supportive of their interests. Some children may enjoy one-on-one interactions, such as acting out scenes from their favorite stories, while other children may prefer to play in larger groups or build model cities with blocks. Whatever the preference, follow your preschooler's lead to use play to explore various interests.

### Here are several ways to help preschoolers use their imaginations:

Decorate large cardboard boxes to create rockets, houses, or cars to play in.

Make paper dolls and act out scenes.

Play restaurant in the kitchen and have your child pretend to be the chef.

Get cozy on the couch and take turns telling stories.

happy  
newyear!

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