





March 2024

Regular Organic – Main Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																				
					1 PIZZA	2																																																																																				
3	4 Homemade Meatballs Buttered Pasta Fresh Tomato and Basil Sauce Peas and Carrots Unsweetened Applesauce	5 Organic Chicken Nuggets Steamed Organic Broccoli Pasta (on Butter) Shredded Cheese on top Fresh Organic Fruits	6 Burger Party Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese Oven Baked Medley Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	7 Taco Party Soft flour tortillas or Tortilla chips Ground Meat - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	8 PIZZA	9																																																																																				
10	11 Brown Rice Sweet and Sassy Chicken (Chicken Breast Honey Mustard Glaze) Italian Green Beans Unsweetened Applesauce	12 Meatloaf with Ground Beef Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	13 Chicken Burritos (Soft Tortilla, Cilantro-Lime Rice, Organic Black Beans, Sour Cream and Cheese Sauce) Cauli-Potato Hash Browns Chesse Sauce on the Side Fresh Organic Fruits	14 Slowly Cooked Shredded Beef (Ropa Vieja) with potatoes and carrots Enriched Basmati White Rice and Plantains Fresh Organic Fruits	15 PIZZA	16																																																																																				
17	18 St. Patrick's Meatball Special Green Alfredo Pasta with spinach, broccoli and sweet peas plus Meatballs Fresh Organic Fruits	19 Breaded Fish Oven Baked Creamy and Cheesy Broccoli-Cauliflower-Carrots Mix Cheesy Mash Potatoes Fresh Organic Fruits	20 Chicken Parmigiana Spaghetti and Organic Carrots Fresh Tomato and Basil Sauce Fresh Organic Fruits	21 Stir Fry Steak (Marakuthai) with Organic Carrots and coconut Milk Enriched Basmati White Rice and Thin Potato Sticks Fresh Organic Fruits	22 PIZZA	23																																																																																				
24	25 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Sweet Corn Unsweetened Applesauce	26 Chicken Quesadilla Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Sour Cream on the Side Fresh Organic Fruits	27 Ground Beef Stroganoff Egg Noodles Organic Mixed Vegetables Fresh Organic Fruits	28 Asiatic Inspired Fried Rice with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Teriaki Fresh Organic Fruits	29 NO SCHOOL	30																																																																																				
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Regular Organic – Menu Option 2

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3	4 Pasta (on Butter) Roast Turkey Slices Peas and Carrots Shredded Cheese on top Unsweetened Applesauce	5 Chicken Nuggets Steamed Broccoli Pasta (on Butter) Ketchup Shredded Cheese on top Unsweetened Applesauce	6 <u>Burger Party</u> Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese Oven Baked Medley Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	7 <u>Taco Party</u> Soft flour tortillas or Tortilla chips Ground Meat - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	8  PIZZA	9																																																																																				
10 Daylight Saving	11 Brown Rice Sweet and Sassy Chicken (Chicken Honey Mustard Glaze) Italian Green Beans Unsweetened Applesauce	12 Meatloaf with Ground Beef Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	13 Chicken in Gravy or Sauce Snow Peas With Butter and Lemon Pasta (on Butter) and Soft Roll Fresh Organic Apple Slices	14 Spaghetti & Meat Sauce with Ground Beef and Carrots Salad (Spinach, Romaine, Tomato, Cucumber) Ranch Dressing Garlic Bread Fresh Organic Fruits	15  PIZZA	16																																																																																				
17 St. Patrick's Day	18 Alfredo Pasta & Organic Green Peas Shredded Cheese on top Unsweetened Applesauce	19 Breaded Fish Oven Baked Creamy and Cheesy Potato-Broccoli-Cauliflower Casserole Cucumber Slices on the Side Fresh Organic Fruits	20 Sliced Turkey with Gravy Steamed Organic Carrots Baked Potatoes with cheese Corn Muffin on the side Fresh Organic Fruits	21 Chicken on Yellow Brown Rice Organic Green Beans and Sweet Corn Fresh Organic Fruits	22  PIZZA	23																																																																																				
24	25 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Unsweetened Applesauce	26 Chicken Tetrazzini Shredded Cheese on top Plus Fresh Organic Tomatoes and Garlic Bread on the Side Fresh Organic Fruits	27 Breaded Fish Pasta (on Butter) Organic Green Peas and Sweet Corn Fresh Organic Fruits	28 Ground Beef Stroganoff Egg Noodles Organic Mixed Vegetables Fresh Organic Fruits	29 NO SCHOOL	30																																																																																				
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