





April 2024

Regular Organic – Main Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																										
	1 <u>Easter Brunch</u> Grands Breakfast Muffins with Turkey and Tomato Crispy Roasted Breakfast Potatoes Balsamic-Roasted Brussels Sprouts Blueberry-Chocolate Bites	2 <u>Chicken Tetrazzini</u> Sherrd Cheese on top Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	3 <u>Breaded Fish</u> Oven Baked Creamy and Cheesy Broccoli-Cauliflower-Carrots Mix Cheesy Mash Potatoes Fresh Organic Fruits	4 <u>Breakfast at Lunch</u> Pancakes, Eggs & Maple Sausage Potato-Cauli Hash Browns Organic Steamed Broccoli Fresh Organic Fruits	 PIZZA	6																																																																																										
7	8 <u>Perfect Beef Bolognese Pasta</u> with Enriched Bolognese Beef Sauce plus Carrots Sherrd Parmesan Cheese on top Unsweetened Applesauce	9 <u>Chicken Stroganoff</u> hormone-free chicken breast with cauliflower and Mushrooms Enriched Basmatii White Rice and Thin Potato Sticks Fresh Organic Fruits	10 <u>Burger Party</u> Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Oven Baked Medly Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	11 <u>Taco Party</u> Soft flour tortillas or Tortilla chips Diced Chicken - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	 PIZZA	13																																																																																										
14	15 <u>Chicken Parmigiana</u> Spaghetti and Organic Carrots Fresh Tomato and Basil Sauce Unsweetened Applesauce	16 <u>Meatloaf with Ground Beef</u> Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	17 <u>Slowly Cooked Shredded Beef</u> (Ropa Vieja) with potatoes and carrots Enriched Basmatii White Rice and Plantains Fresh Organic Fruits	18 <u>Chicken Taquitos</u> (Soft Tortilla, Cilantro-Lime Rice, Organic Black Beans, Sour Cream and Cheese Sauce) Cauli-Potato Hash Browns Chesse Sauce on the Side Fresh Organic Fruits	 PIZZA	20																																																																																										
21	22 <u>Chicken Alfredo</u> & Organic Green Peas Sherrd Cheese on top Unsweetened Applesauce	23 <u>Chicken Quesadilla</u> Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Sour Cream on the Side Fresh Organic Fruits	24 <u>Stir Fry Steak (Marakuthai)</u> with Organic Carrots and coconut Milk Enriched Basmatii White Rice and Thin Potato Sticks Fresh Organic Fruits	25 <u>Chicken on Yellow Brown Rice</u> Organic Green Beans and Sweet Corn Fresh Organic Fruits	 PIZZA	27																																																																																										
28	29 <u>Perfect Beef Bolognese Pasta</u> with Enriched Bolognese Beef Sauce plus Carrots Sherrd Parmesan Cheese on top Unsweetened Applesauce	30 <u>Syrian Feast</u> Rice with pasta, Organic Lentils Homade Oven Baked Kibbeh Bites Fresh Salad with Organic Tomatoes, Cucumber & Mint Fresh Organic Fruits	1 <u>Chicken Tetrazzini</u> Sherrd Cheese on top Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	2 <u>Asiatic Inspired Fried Rice</u> with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Chicken Fresh Organic Fruits	 PIZZA																																																																																											
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Regular Organic – Menu Option 2

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																									
	1 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Unsweetened Applesauce	2 Chicken Tetrzzini Shredded Cheese on to Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	3 Breaded Fish Pasta (on Butter) Organic Green Peas and Sweet Corn Fresh Organic Fruits	4 Ground Beef Stroganoff Egg Noodles Organic Mixed Vegetables Fresh Organic Fruits	5  PIZZA	6																																																																																									
7	8 Pasta (on Butter) Roast Turkey Slices Peas and Carrots Sherred Cheese on top Unsweetened Applesauce	9 Chicken Nuggets Steamed Broccoli Pasta (on Butter) Ketchup Shredded Cheese on top Fresh Organic Fruits	10 <u>Burger Party</u> Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Oven Baked Medly Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	11 <u>Taco Party</u> Soft flour tortillas or Tortilla chips Diced Chicken - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	12  PIZZA	13																																																																																									
14	15 Brown Rice Sweet and Sassy Chicken (Chicken Honey Mustard Glaze) Italian Green Beans Unsweetened Applesauce	16 Meatloaf with Ground Beef Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	17 Chicken in Gravy or Sauce Snow Peas With Butter and Lemon Pasta (on Butter) and Soft Roll Fresh Organic Fruits	18 Spaghetti & Meat Sauce with Ground Beef and Carrots Salad (Spinach, Romaine, Tomato, Cucumber) Ranch Dressing Garlic Bread Fresh Organic Fruits	19  PIZZA	20																																																																																									
21	22 Chicken Alfredo & Organic Green Peas Sherred Cheese on top Unsweetened Applesauce	23 Breaded Fish Oven Baked Creamy and Cheesy Potato-Broccoli-Cauliflower Casserole Cucumber Slices on the Side Fresh Organic Fruits	24 Sliced Turkey with Gracy Steamed Organic Carrots Baked Potatoes with cheese Corn Muffin on the side Fresh Organic Fruits	25 Chicken on Yellow Brown Rice Organic Green Beans and Sweet Corn Fresh Organic Fruits	26  PIZZA	27																																																																																									
28	29 Baked Sliced Chicken Fresh Sweet Potato Steamed Organic Broccoli Unsweetened Applesauce	30 Chicken Tetrzzini Sherred Cheese on top Plus Fresh Organic Tomatos and Garlic Bread on the Side Fresh Organic Fruits	1 Breaded Fish Pasta (on Butter) Organic Green Peas and Sweet Corn Fresh Organic Fruits	2 Asiatic Inspired Fried Rice with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Crumbles Fresh Organic Fruits	3  PIZZA																																																																																										
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