











May 2024

Regular Organic – Main Menu

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																										
			1 <u>Chicken Tetrzinni</u> Sherred Cheeseon top and Garlic Bread on the Side Fresh Organic Fruits	2 <u>Asiatic Inspired Fried Rice</u> with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Chunks Fresh Organic Fruits	3  PIZZA	4																																																																																										
5	6 <u>5 de MAYO - Chicken Quesadilla</u> Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Cheese Sauce on the Side Fresh Organic Fruits	7 <u>Chicken Breast Chunks</u> Organic Beans, Enriched Jasmine White Rice and Vegetable Mix Fresh Organic Fruits	8 <u>Burger Party</u> Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Oven Baked Medly Rustic Potatoes, Sweet Potatoes and Carrots Fresh Organic Fruits	9 <u>Slowly Cooked Shredded Beef</u> (Ropa Vieja) with potatoes and carrots Enriched Basmatti White Rice and Plantains Fresh Organic Fruits	10  PIZZA	11																																																																																										
12	13 <u>Perfect Beef Bolognese Pasta</u> with Enriched Bolognese Beef Sauce plus Carrots Sherred Parmesan Cheese on top Unsweetened Applesauce	14 <u>Chicken Stroganoff</u> hormone-free chicken breast with cauliflower and Mushrooms Enriched Basmatti White Rice and Thin Potato Sticks Fresh Organic Fruits	15 <u>Shepherd's Pie</u> with Ground Beef, Fresh Mash Potato and Organic Peas and Carrots & Fresh Organic Fruits	16 <u>Taco Party</u> Soft flour tortillas or Torilla chips Diced Chicken - Taco Seasoned, Diced tomatoes, Chopped lettuce, Black beans and Shredded cheese Fresh Organic Fruits	17  PIZZA	18 ok																																																																																										
19	20 <u>Chicken Tetrzinni</u> Sherred Cheeseon top and Garlic Bread on the Side Unsweetened Applesauce	21 <u>Baked Cheesy Chicken Taquito</u> Oven Baked Potato-Broccoli-Cauliflower- Sweet-Corn Mix with Cheesy Bechamel Sauce Fresh Organic Fruits	22 <u>Stir Fry Steak (Marakuthai)</u> with Organic Carrots and coconut Milk Enriched Basmatti White Rice and Thin Potato Sticks Fresh Organic Fruits	23 <u>Breakfast at Lunch</u> Grands Breakfast Muffins with Turkey Breast and Tomato Crispy Roasted Breakfast Potatoes Organic Steamed Broccoli Fresh Organic Fruits	24  PIZZA	25																																																																																										
26	27 NO SCHOOL	28 <u>Syrian Feast</u> Rice with pasta, Organic Lentils Homade Oven Baked Kibbeh Bites Fresh Salad with Organic Tomatoes, Cucumber & Mint Fresh Organic Fruits	29 <u>Creamy Mac & Cheese</u> with Butternut Squash and Enriched Meat Meatball Unsweetened Applesauce	30 <u>Grilled Tilapia Chunks</u> with Tomato Relish and Enriched Jasmine White Rice Fresh Organic Fruits	31  PIZZA																																																																																											
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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																																																																																									
			1 Breaded Fish, Pasta (on Butter), Organic Green Peas and Sweet Corn Fresh Organic Fruits	2 Yellow, Brown Rice with Chicken, Peas and carrots Fresh Organic Fruits	3  PIZZA	4																																																																																									
5	6 Chicken Burritos (w/ cilantro rice, black beans, chicken, sour cream and cheese) and Buttery Sweet Corn Unsweetened Applesauce	7 Meatloaf with Ground Beef Pasta (on Butter) Fresh Sweet Potato and Vegetable Mix Fresh Organic Fruits	8 Chicken Nuggets Pasta On Butter Sweet Corn and Peas Fresh Organic Fruits	9 Spaghetti & Meat Sauce with Ground Beef and Carrots Salad (Spinach, Romaine, Tomato, Cucumber) Ranch Dressing Garlic Bread Fresh Organic Fruits	10  PIZZA	11																																																																																									
12	13 Creamy Polenta with Enriched Bolognese Beef Sauce (with Carrots and zucchini) and Shredded Parmesan Cheese on top. Unsweetened Applesauce	14 Chicken Breast Chunks Organic Beans, Enriched Jasmine White Rice and Vegetable Mix Fresh Organic Fruits	15 Ground Beef Stroganoff (with carrots), Pasta on Butter Fresh Organic Fruits	16 Spinach Grilled Cheese Classic grilled cheese with Spinach Sweet Corn salad on the Side Fresh Organic Fruits	17  PIZZA	18 ok																																																																																									
19	20 Pasta Primavera Shredded Cheese on top and Garlic Bread on the Side Unsweetened Applesauce	21 Chicken Quesadilla Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Sour Cream on the Side Fresh Organic Fruits	22 Perfect Beef Bolognese Pasta with Enriched Bolognese Beef Sauce plus Carrots Shredded Parmesan Cheese on top Fresh Organic Fruits	23 Deli Cheese and Turkey Sandwich with organic tomato, Shredded Lettuce and homemade Organic Spinach Mayonnaise; and Sweet Potatoes Chip Fresh Organic Fruits	24  PIZZA	25																																																																																									
26	27 NO SCHOOL	28 Vegan Syrian Feast Rice with pasta, Organic Lentils Homemade Oven Baked Chickpea Falafel Fresh Salad with Organic Tomatoes, Cucumber & Mint Fresh Organic Fruits	29 Chicken Nuggets Steamed Broccoli Pasta (on Butter) Ketchup Shredded Cheese on top Unsweetened Applesauce	30 Breaded Fish Oven Baked Creamy and Cheesy Broccoli-Cauliflower-Carrots Mix Cheesy Mash Potatoes Fresh Organic Fruits	31  PIZZA																																																																																										
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