

| Andover Academy - November, 2025                                                                                                                                                                                                                             |                                                                                                                                                                                                                                                                         |                                                                                                                                                                                                                                                          |                                                                                                                                                                                                                                                                                                 |                                                                                                       |
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| Mon 3                                                                                                                                                                                                                                                        | Tue 4                                                                                                                                                                                                                                                                   | Wed 5                                                                                                                                                                                                                                                    | Thu 6                                                                                                                                                                                                                                                                                           | Fri 7                                                                                                 |
| <b>Meal</b><br>Chicken Alfredo Pasta & Broccolis<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Baked Diced Chicken, Fresh Mashed Sweet Potato, Steamed Broccoli, Whole Grain Bread and Butter or Marg                                                  | <b>Meal</b><br>Chicken Tetrizzini Pasta (Alfredo Sauce with Peas and Mushrooms) and Fresh Tomato Slices on the side<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Picadillo - Ground Beef, Enriched Basmati White Rice, Organic Petite Peas, Plantains            | <b>Meal</b><br>Breaded Fish/Fish Sticks, Green Peas, Soft Roll, Ketchup<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Creamy Mac & Cheese with Meatballs - Sauce Loaded with Cheese and Butternut Squash                                           | <b>Meal</b><br>Ground Beef Stroganoff, Egg Noodles and Organic Mixed Vegetables<br>VEGAN<br>Oven Baked Mamaw's Chicken & Rice, Enriched Basmati Yellow Rice Mixed with Organic Sweet Corn, Organic Petite Peas, and Pasture-Raised Chicken Breast<br>Popcorn Chicken + 2 Sides of the day       | <br><b>PIZZA</b>   |
| Mon 10                                                                                                                                                                                                                                                       | Tue 11                                                                                                                                                                                                                                                                  | Wed 12                                                                                                                                                                                                                                                   | Thu 13                                                                                                                                                                                                                                                                                          | Fri 14                                                                                                |
| <b>Meal</b><br>Baked Chicken, Enriched Basmati White Rice, Organic Pinto Beans and Vegetable Mix<br>Roast Turkey Slices, Peas and Carrots, 100% Whole Wheat Roll, Butter or Marg.<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day                           | <b>Meal</b><br>Chicken Tetrizzini Pasta (Alfredo Sauce with Peas and Mushrooms) and Fresh Tomato Slices on the side<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Homemade Tempura Chicken Nuggets, Ketchup, Steamed Broccoli, Whole Grain Bread, Butter or Marg  | <b>Meal</b><br>Cheeseburger with Peas and Cauli-Potato Tots<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Fish Sticks & "Chips" - Breaded Fish Sticks, Cheesy Baked Potatoes and Steamed Baby Carrots                                              | <b>Meal</b><br>Ground Beef Stroganoff, Egg Noodles and Organic Mixed Vegetables<br>TACO PARTY - Diced Chicken, Shredded Cheese, Shredded Lettuce, Diced Tomato, Black Bean, Tortilla, Brown Rice, Corn<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day                                         | <br><b>PIZZA</b>  |
| Mon 17                                                                                                                                                                                                                                                       | Tue 18                                                                                                                                                                                                                                                                  | Wed 19                                                                                                                                                                                                                                                   | Thu 20                                                                                                                                                                                                                                                                                          | Fri 21                                                                                                |
| <b>Meal</b><br>Perfect Beef Bolognese Pasta with Enriched Bolognese Beef Sauce<br>Sweet and Sassy Chicken (Chicken Breast with Honey Mustard Glaze), Italian Green Beans, Brown Rice on Chicken stock/broth<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day | <b>Meal</b><br>Chicken Nuggets, Steamed Organic Broccoli, Enriched White Rice with Carrots and Organic Beans<br>Meatloaf with Ground Beef and Carrots, Ketchup, Fresh Mashed Sweet Potato and Steamed Organic Broccoli<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day | <b>Meal</b><br>Chicken in Gravy or Sauce, Pasta (on Butter) and Organic Green Peas<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Chicken Burger Party Premium Potato Buns, Homemade Chicken-Carrots patties & Cheese, Potato Tots with Cauliflower | <b>Meal</b><br>Spaghetti Bolognese, Salad (Spinach, Romaine, Tomato, Cucumber), Italian or Ranch Dressing, Steamed Baby Carrots, Garlic Bread<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day<br>Teriyaki Beef Meatball, Enriched Brown Rice with Quinoa, Organic Steamed Broccoli and Edamame | <br><b>PIZZA</b> |
| Mon 24                                                                                                                                                                                                                                                       | Tue 25                                                                                                                                                                                                                                                                  | Wed 26                                                                                                                                                                                                                                                   | Thu 27                                                                                                                                                                                                                                                                                          | Fri 28                                                                                                |
| <b>Meal</b><br>Cheese Ravioli with Fresh Tomato and Basil Sauce<br>Chicken Alfredo Pasta with Steamed Broccoli<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day                                                                                              | <b>Meal</b><br>Meatloaf with Ground Beef and Carrots, Enriched White Rice, Fresh Mashed Sweet Potato<br>Breaded Fish/Fish Sticks, Green Peas, Soft Roll, Ketchup<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day                                                       | <b>Meal</b><br>Thanksgiving Special<br>Sliced Turkey, Steamed Baby Carrots, Mashed Potato, Cornbread<br>VEGAN<br>Popcorn Chicken + 2 Sides of the day                                                                                                    | <b>NO SCHOOL</b>                                                                                                                                                                                                                                                                                |                                                                                                       |