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				NO SCHOOL
5 Creamy Mac & Cheese with Butternut Squash (on the sauce) Homemade Beef Meatballs Unsweetened Applesauce	6 Oven Baked Mamaw's Chicken & Rice Enriched Basmati Yellow Rice Mixed with Organic Sweet Corn, Organic Petite Peas and Pasture-Raised Chicken Breast Mandarins	7 Brazilian Feijoada (No Pork) Shredded Beef Feijoada Style with Organic Black Beans, Brown Rice Braised Collard Greens and Farofa Seasonal Fresh Fruit	8 Cheesy Arepas Fiesta Arepas con Queso Refried Pinto Beans Roasted Carrot Coins Seasonal Fresh Fruit	9  PIZZA
12 Chicken Nuggets Pasta, Marinara Sauce Mixed Veggies Unsweetened Applesauce	13 Ropa Vieja (shredded beef stew) with Carrots and Potatoes Enriched Basmati White Rice Plantains Tres Leches	14 Chicken Cheese Burger Party Premium Potato Buns, Homemade Chicken-Carrots-Quinoa patties, Premium Martin Potato Buns Homemade Cauliflower-Potato Tots Seasonal Fresh Fruit	15 Chicken Stroganoff Pasture-Raised Chicken Breast with carrots, cauliflower and Mushrooms Enriched Basmati White Rice and Thin Potato Sticks Seasonal Fresh Fruit	16  PIZZA
19 NO SCHOOL	20 Meatloaf with Ground and carrots Fresh Mashed Sweet Potato Whole Grain Bread Butter or Marg Ketchup Peaches	21 Oven Baked Chicken Enriched Basmati White Rice Organic Vegetable Mix (California Blend) Organic Pinto Beans Fresh Orange Slices	22 Homemade Mini Kibbeh Syrian Rice with Angel Hair Pasta Organic Lentils Cucumber & Yogurt Salad Seasonal Fresh Fruit	23  PIZZA
26 Creamy Pumpkin Alfredo Buttery Pasta Breaded Chicken Soft Roll on the side Unsweetened Applesauce	27 Breaded Fish Sticks Enriched Basmati White Rice Pinto Bean Cucumber Slices Yogurt Dip Seasonal Fresh Fruit	28 Mini Chicken Pelmeni Steamed Baby Carrots Mashed Potato Steamed Peas Seasonal Fresh Fruit	29 Chicken Quesadilla Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns Baby Carrots on the side Seasonal Fresh Fruit	30  PIZZA

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5	Baked Diced Chicken Fresh Mashed Sweet Potato Steamed Broccoli Whole Grain Bread Butter or Marg Unsweetened Applesauce	6	Chicken Tetrazzini Pasta Fresh Tomato Slices Mandarins	7	Breaded Fish/Fish Sticks Green Peas Soft Roll Ketchup Seasonal Fresh Fruit	8	Ground Beef Stroganoff Mixed Vegetables Egg Noodles Seasonal Fresh Fruit	9	 PIZZA
12	Roast Turkey Slices Peas and Carrots Whole Grain Bread Butter or Marg Unsweetened Applesauce	13	Chicken Nuggets Ketchup Steamed Broccoli Whole Grain Bread Butter or Marg Mandarins	14	Cheeseburger Green Beans Bun Mustard, Mayo, Ketchup Seasonal Fresh Fruit	15	TACO PARTY Diced Chicken, Shredded Cheese Shredded Lettuce, Diced Tomato Sweet Corn, Black Beans Corn or Flour Tortillas Corn Seasonal Fresh Fruit	16	 PIZZA
19	NO SCHOOL	20	Meatloaf with Ground Beef and carrots Fresh Mashed Sweet Potato Organic Broccolis Enriched Basmati White Rice Ketchup Mandarins	21	Chicken in Gravy or Sauce Green Peas Soft Roll Seasonal Fresh Fruit	22	Perfect Beef Bolognese Pasta Pasta and Enriched Bolognese Beef Sauce with Carrots and Cauliflower (Shredded Parmesan Cheese on top) Spinach, Romaine, Tomato, Cucumber Italian or Ranch Dressing Seasonal Fresh Fruit	23	 PIZZA
26	Chicken Alfredo Pasta with Green Peas and Shredded Cheese on top Unsweetened Applesauce	27	Breaded Fish/Fish Sticks Ketchup Cucumber Slices Soft Roll Mandarins	28	Sliced Turkey Steamed Baby Carrots Mashed Potato Corn Muffin Seasonal Fresh Fruit	29	Diced Chicken Brown Rice on Chicken stock/broth Green Beans Seasonal Fresh Fruit	30	 PIZZA